After your doctor completes the form, there are two options for submitting the form to Quest Diagnostics:

- · You may fax the completed form to the fax number indicated on the form, or
- You may submit your completed form to Quest Diagnostics electronically using the Upload Form button on the dashboard
- If there is no upload button on your dashboard, your employer requires that you fax in your form by following the instructions on the form



- After selecting the **Upload Form** button on the dashboard, browse your computer for the completed Physician Results Form
- You will then arrive at the screen below (if you upload the incorrect file, you can browse your computer again by selecting the green **Change Form** button)
- In the Input Your Results section, validate your form by entering the measurements shown on your form

Blueprint	Quest Diagnostics			Hello, Sample Participant					
for WELLNESS*				Dashboard	My Account	Contact	Log Off		
-							A		
	oploaded lile						- 1		
	PDF Adobe								
	Input your results						- 1		
	Date Test(s) Performed * Required	(m)							
	Height (feet) *	Height (inches) * Required	•		ß				
	Weight (Ibs) * Required								
	Systolic BP *	Diastolic BP *							
	Trigs (mg/dL) * Required								
	HDL * Required								

- After filling in all required information, select the green Submit button
- You will receive an email as notification whether your form has been processed, or rejected for any reason

Blueprint	Quest		Hello, Sample Participant			
for WELLNESS®	Diagnostics"		Dashboard	My Account	Contact	Log Off
	Yes v					
	HgbA1c (%Hgb)					
	Waist (inches)					
	Healthcare Provider * N/A					
	UPIN / NPI					
	✓ You have signed your form.					
	✓ Your physician has signed the form.					1
	Submit Cancel					

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