



## **6615: HEALTH EDUCATION**

Health is a state of physical, mental and social well-being. Wellness is the highest level of health that can be achieved. It is essential that students receive sound health education that promotes, reinforces, supports and enhances wellness behaviors.

The Millard Board of Education is committed to a sound, comprehensive health education program that is an integral part of each student's general education. Such programming shall be in compliance with any laws, rules and regulations currently in force and any others which may emerge in the future

Students will learn positive behavior strategies that will enable them to screen media messages, deal with peer pressure, and make appropriate adjustments to changes that occur throughout their lives. Students will be equipped with identified strategies to avoid risk situations. Positive health behaviors based on self-respect and respect for others must be developed, supported and enhanced.

### **Date of Revision**

November 2, 1992

July 26, 1999

April 3, 2006

January 7, 2013

### **Reaffirmed**

November 21, 2016

### **Related Policies and Rules**

[6615.1: Health Education](#)

### **Legal Reference**

