



6615.1: HEALTH EDUCATION

As provided in State statute, programs will be provided for instructing students in a comprehensive health education program which shall include instruction (1) as to the physiological, psychological, and sociological aspects of drug use, misuse, and abuse and (2) on mental disabilities and other developmental disabilities, such as cerebral palsy, autism, and epilepsy, their causes, and the prevention thereof through proper nutrition and the avoidance of the consumption of drugs as defined in this section. For purpose of this section, drugs shall mean any and all biologically active substances used in the treatment of illnesses or for recreation or pleasure. Special emphasis shall be placed upon the commonly abused drugs of tobacco, alcohol, marijuana, hallucinogenics, amphetamines, barbiturates, and narcotics.

The health education program will be accomplished through the provision of a multi-cultural, gender-fair, disability-sensitive instructional program, based on the acquisition of knowledge and the development of personal skills that promote healthy behavior.

In the area of family life education and the study of human sexuality, it is essential that there be understanding, support and continual communications among home, school and community religious organizations. As it regards District programming, a pro-abstinence position will be conveyed and supported by the District and its personnel. In addition, the following will be adhered to:

- I. **Instructional materials to be used in 5th, 6th, and 8th grade health courses and Everyday/Healthy Living will be available for inspection by the parent or guardian. These materials may be viewed at the student's school or during Parent Orientation Events as set forth in District Rule 6810.1;**

- II. **If, after a review of the materials and a conference with the teacher/principal, a parent/guardian requests that his/her child not participate in a given course or aspect of a course, an alternative educational assignment will be arranged for the student as set forth in District Rules 6810.2 and 1310.2.**

Date of Adoption

November 2, 1992

Date of Revision**July 26, 1999****April 3, 2006****January 7, 2013****November 21, 2016****Related Policies and Rules****[6615: Health Education](#)****Legal Reference****Neb. Rev. Stat. §79-712**