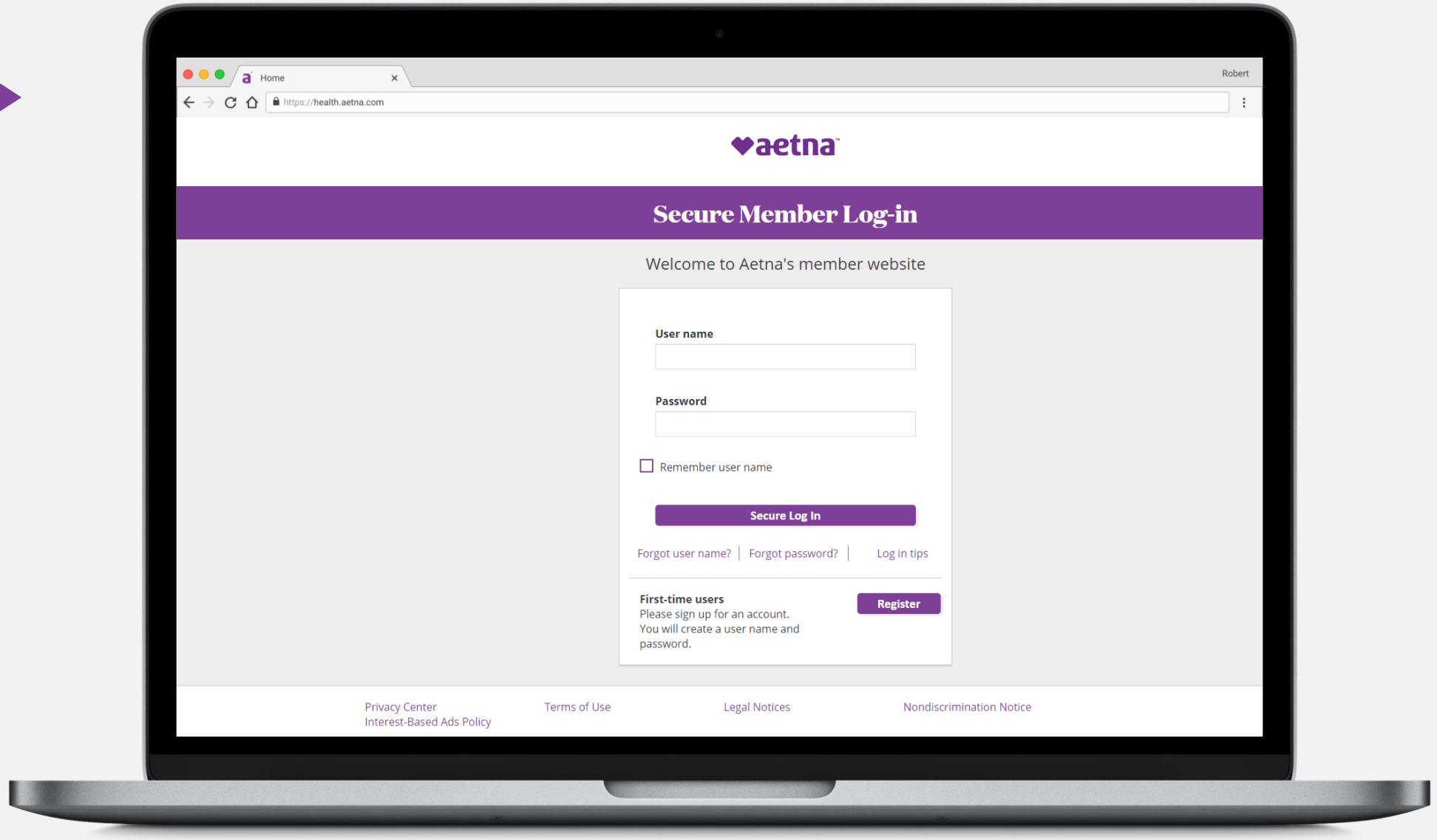
How to access your Aetna Health Risk Assessment

1. Log in to your Aetna secure member website – Aetna.com



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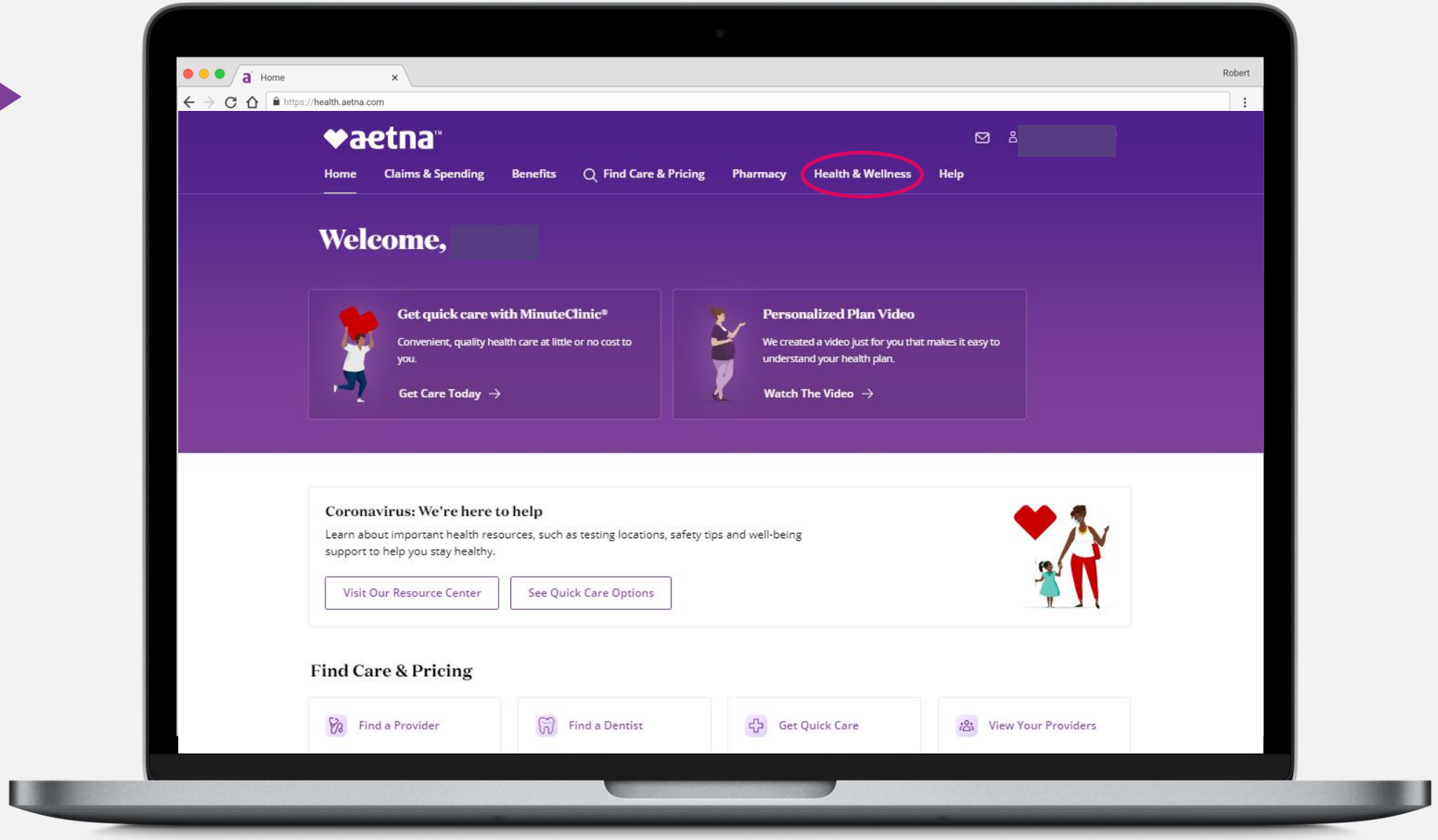
These slides are for illustrative purposes only.
The process outlined is for commercial members.
The order in which new features are developed may vary.

Accessing Aetna wellness programs

Stay Healthy dashboard

2. Once logged in, click on “Health & Wellness” at the top of the page.



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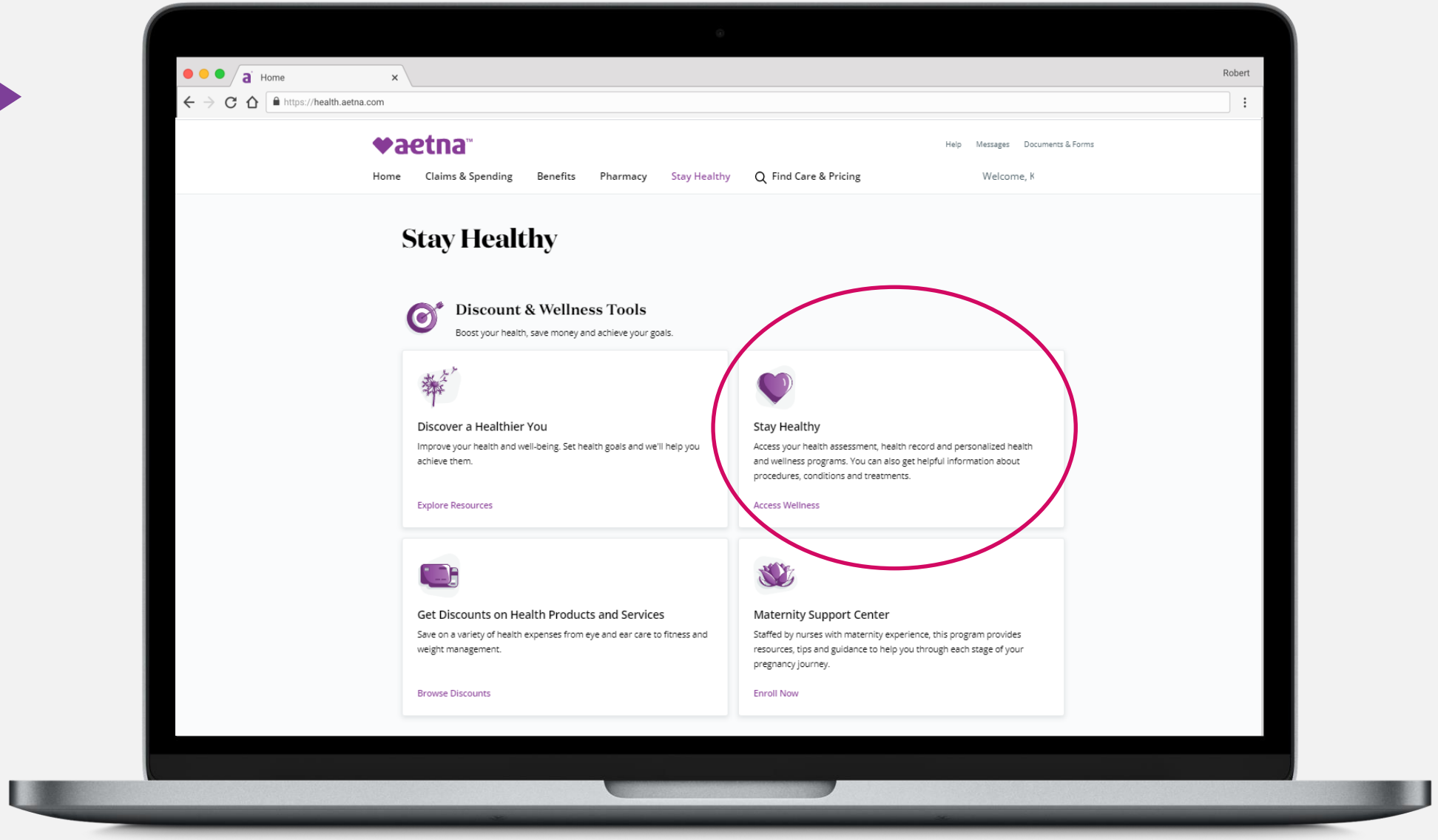
Accessing Aetna wellness programs

Stay Healthy dashboard

3. Click on “Access Wellness” under the “Stay Healthy” tab to access the wellness webpage.



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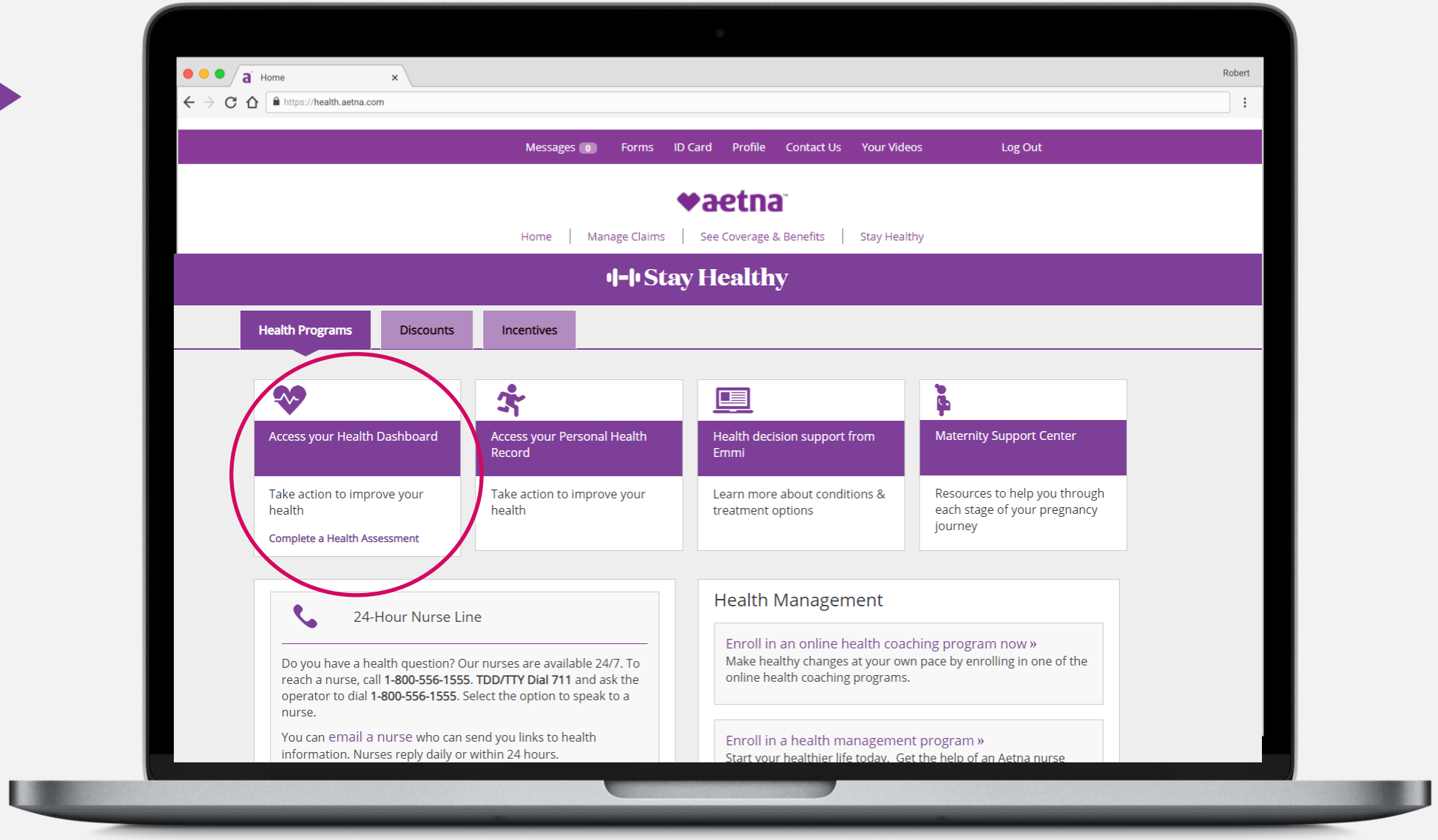
4. Click on “Complete a Health Assessment”.



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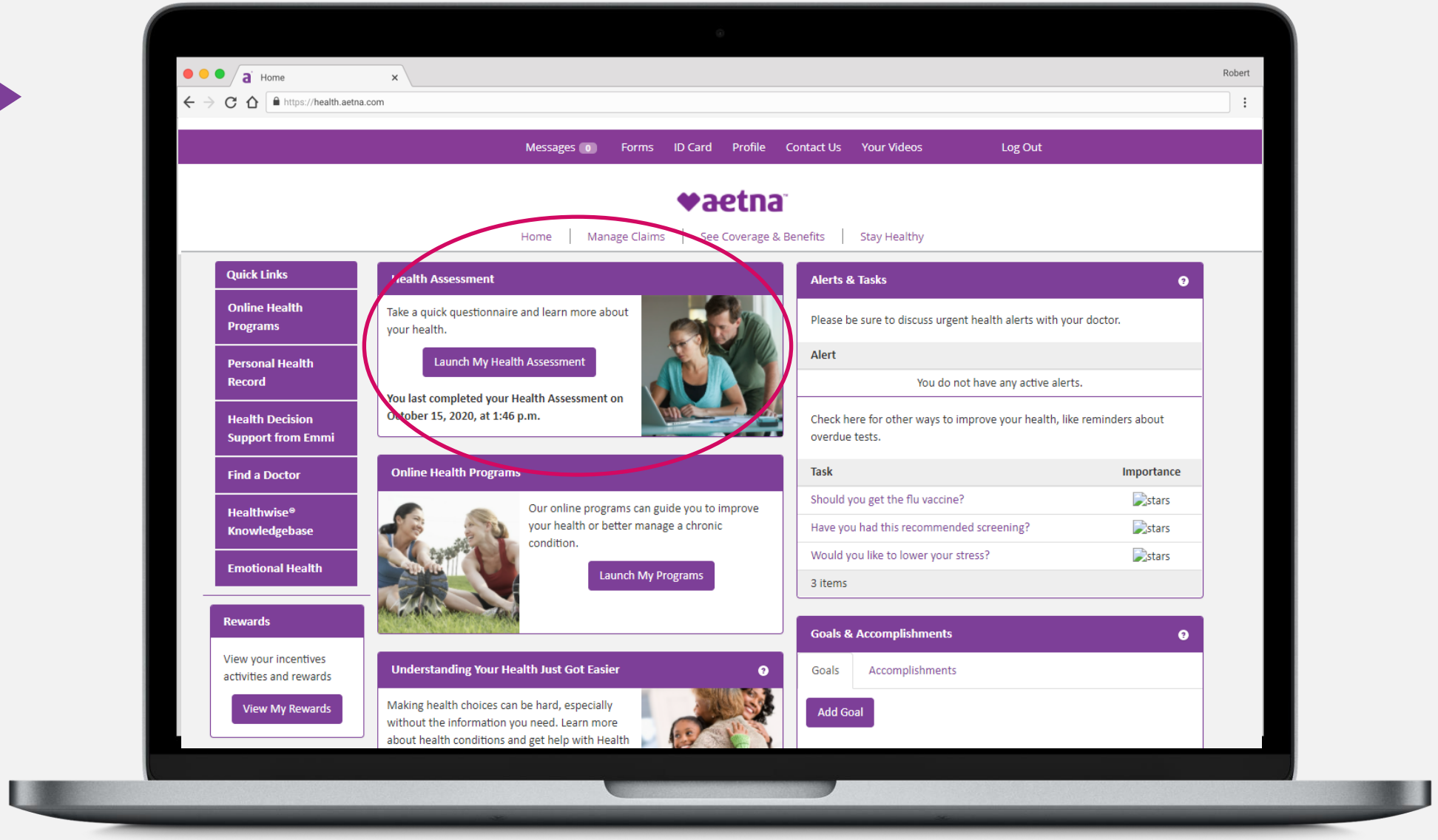
Accessing Aetna wellness programs

Stay Healthy dashboard

Access your Health Dashboard

Launch my Health Assessment

5. Click on “Launch my Health Assessment”. This will re-direct you to a new webpage.



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Accessing Aetna wellness programs

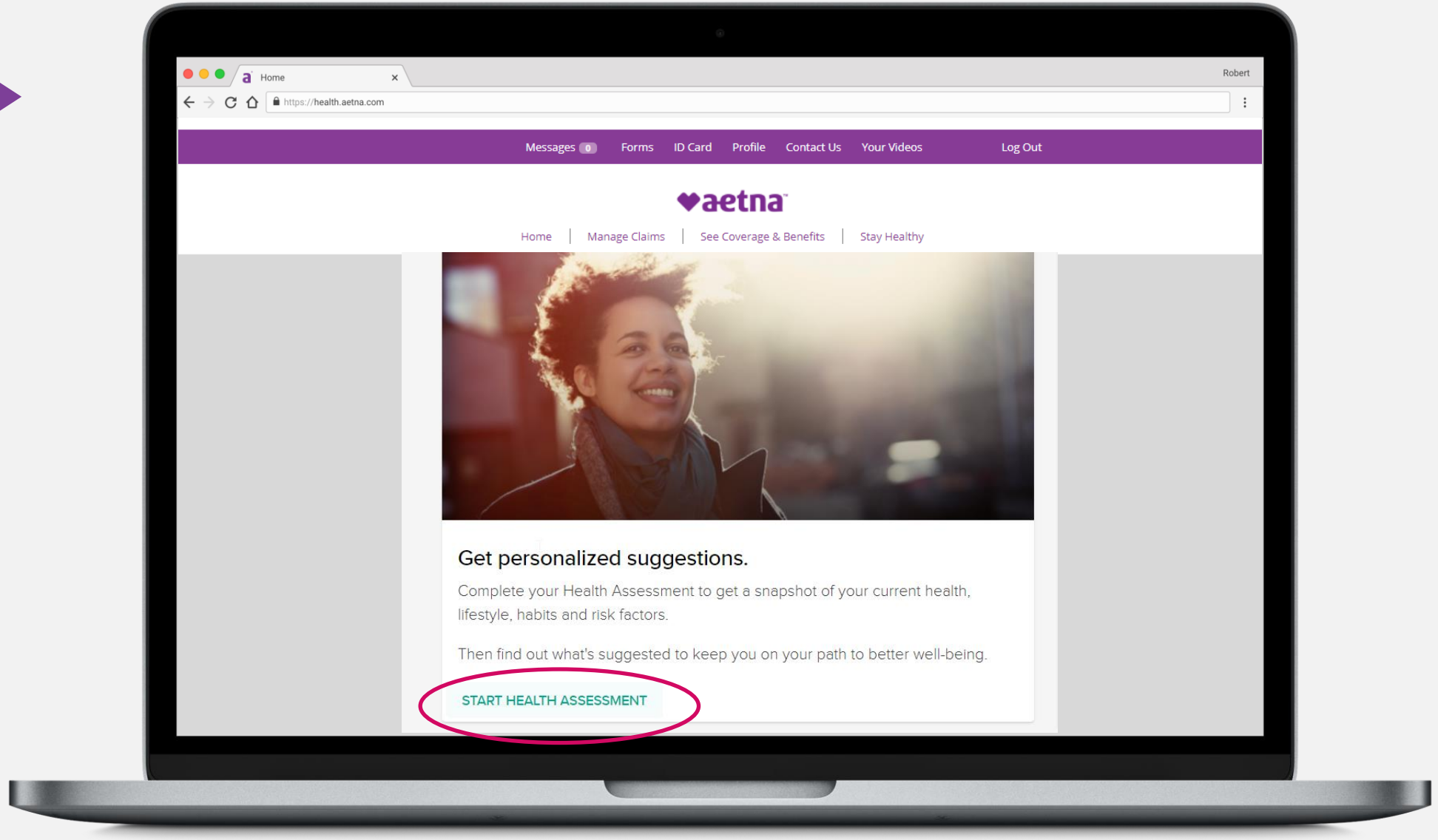
Stay Healthy dashboard

Access your Health Dashboard

Launch my Health Assessment

Take or Retake Health Assessment

5. Click on “Launch my Health Assessment”. This will re-direct you to a new webpage.



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Accessing Aetna wellness programs

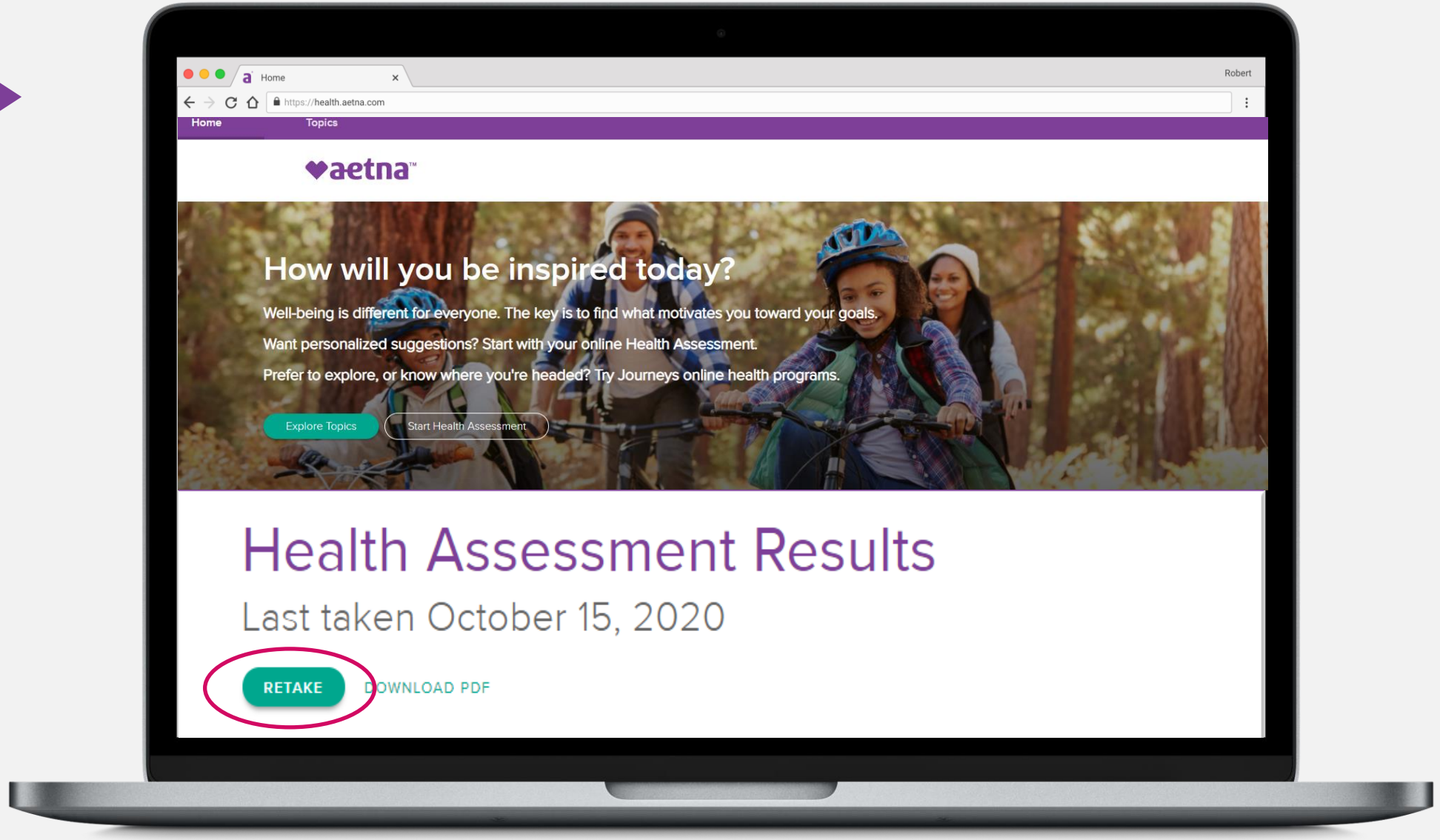
Stay Healthy dashboard

Access your Health Dashboard

Launch my Health Assessment

Take or Retake Health Assessment

4. Click on “Complete” or “Retake”. You must complete or retake once per calendar year.



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