

1. Log in to your Aetna secure member website – Aetna.com

h.aetna.com			
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		Secure Member Log-in	
		Welcome to Aetna's member website	
		User name	
		Password	
		Remember user name	
		Secure Log In	
		Forgot user name? Forgot password? Log in tips	
		Please sign up for an account. You will create a user name and password.	
Privacy Center Interest-Based Ads Policy	Terms of Use	Legal Notices Nondiscrimination Notice	

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Stay Healthy dashboard





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Stay Healthy dashboard



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Home Claims & Spending Benefits Pharmacy Stay Healthy Q Find Care & Pricing Welcom	ne, K
Stay Healthy Soft your health, save money and achieve your goals. Discourt & Wellness Tools Dost your health, save money and achieve your goals. Discoure a Healthier You Improve your health and well-being. Set health goals and we'll help you achieve them. Explore Resources Explore Resources	eaith .t
Get Discounts on Health Products and Services Maternity Support Center Save on a variety of health expenses from eye and ear care to fitness and weight management. Staffed by nurses with maternity experience, this program provide resources, tips and guidance to help you through each stage of you pregnancy journey. Browse Discounts Enroll Now	es ur

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Stay Healthy dashboard

Access your Health Dashboard

4.	Click on	"Complete a	Health	Assessment".
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← → C ☆ ♠ https://health.aetna.com				:
	Messages o Forms ID	Card Profile Contact Us Your Video	os Log Out	
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	Home Manage Claims	See Coverage & Benefits Stay Healt	hy	
	•l-l• Stay	Healthy		
Health Programs Discounts	Incentives			
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Access your Health Dashboard	Access your Personal Health Record	Health decision support from Emmi	Maternity Support Center	
Take action to improve your health	Take action to improve your health	Learn more about conditions & treatment options	Resources to help you through each stage of your pregnancy journey	
24-Hour Nurse Line		Health Management		
Do you have a health question? Our nurses are available 24/7. To reach a nurse, call 1-800-556-1555 . TDD/TTY Dial 711 and ask the operator to dial 1-800-556-1555 . Select the option to speak to a		Enroll in an online health coaching program now » Make healthy changes at your own pace by enrolling in one of the online health coaching programs.		
You can email a nurse who can send you links to health information. Nurses reply daily or within 24 hours.		Enroll in a health management program » Start your healthier life today. Get the help of an Aetna nurse		
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5. Click on "Launch my Health Assessment". This will re-direct you to a new webpage.



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Stay Healthy dashboard

Access your Health Dashboard

Launch my Health Assessment

Take or Retake Health Assessment

4. Click on "Complete" or "Retake". You must complete or retake once per school year.



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