

Quality health plans & benefits
Healthier living
Financial well-being
Intelligent solutions

aetna[®]

Get the support you
need to help you
manage your diabetes

Aetna Prescription Drug Benefits

www.aetna.com



PPO-based health benefits plans
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Easy ways to get your medicine

You have choices when it comes to getting your diabetes medicine. Here are three easy ways:

Option 1: Use a network pharmacy

For each prescription, you pay an out-of-pocket cost. It can either be a flat fee or a percent of the prescription's cost. Network pharmacies know what you should pay at the point of sale. And you never have to turn in a claim form.

Find a network pharmacy online

Log in to your Aetna Navigator® website at www.aetna.com. For a print directory, call the toll-free number on your member ID card.

Non-network pharmacies are available, but can be costly

You'll pay the full price for each drug if you choose a pharmacy out of network. And you'll have to turn in a claim form to get your money back.

To see what you pay, check your health insurance plan details on Aetna Navigator.

Option 2: Use your mail-order pharmacy*

Retail pharmacies usually fill prescriptions for up to a 30-day supply. But with the Aetna Rx Home Delivery® mail-order pharmacy, you can get up to 90 days' worth. It's quick, private and standard shipping is free.

Pharmacists will quality check your order, just like at a retail pharmacy. And if you have an emergency, you can call anytime.

It's easy to order

Fill out an order form, and mail it in with your prescription. Your doctor can fax it over, too.

You can find the form and instructions on Aetna Navigator. Or call the toll-free number on your member ID card.

Option 3: Use a durable medical equipment (DME) supplier** in the Aetna network

DME suppliers may carry many items you need to manage your diabetes. You can also get the support you need to use your medicine and supplies safely.

Find a network supplier online

Just log in to Aetna Navigator at www.aetna.com to find one near you.

Sign up in seconds for Aetna Navigator. Visit www.aetna.com, then follow the prompts. Once you're a member, log in anytime.

*There may be limitations. Not all pharmacy plans offer mail-order delivery. Some may offer mail-order, but not retail pharmacy benefits. Check the materials that come with your plan for details.

**There may be limitations. Not all medical plans offer a DME benefit. Check the materials that come with your plan for details.

Simple ways to manage your diabetes

Get a free blood sugar monitor and save on test strips

If you have diabetes, it's best to check your blood sugar levels regularly. You may save money if you use a monitor and test strips from the below chart. Plus, you can get a free monitor from Abbott Diabetes Care or LifeScan.

Take these steps to get your free monitor:

1. Review this chart with your doctor. Ask which monitor is right for you.
2. Ask for a prescription for test strips that go with the monitor you plan to order.
3. Request your free monitor.

Getting started is easy

You'll get a starter kit with your test strips. See your doctor to get a prescription for more. Then, either:

- Get a 30-day supply at a retail pharmacy.
- Get up to a 90-day supply*** using Aetna Rx Home Delivery.

Talk to your doctor

You do not have to make any changes to the test strips or monitor you currently use. Decisions about your care are up to you and your doctor. Talk to him or her about which monitor and test strips are right for you.

Use these test strips	Along with these monitors	Call or go online to get your free monitor
Abbott Diabetes Care		
FreeStyle® Lite® test strips	FreeStyle Freedom Lite† FreeStyle Lite®†	Call: 1-866-224-8892 Visit: www.choosefreestyle.com
Precision Xtra® test strips	Precision Xtra†	
FreeStyle InsulinX® test strips	FreeStyle InsulinX	
FreeStyle® test strips††		
LifeScan, Inc.		
OneTouch® Ultra® test strips	OneTouch® UltraMini OneTouch® Ultra®2	Call: 1-877-764-5390 Visit: www.onetouch.orderpoints.com
OneTouch® Verio® test strips	OneTouch® Verio®IQ	Select: Aetna Order code: 123AET200

***Certain states require that prescriptions for more than a 30-day supply be available through a network retail or mail-order pharmacy for the same out-of-pocket cost. Check the materials that come with your plan for details.

†These meters come with educational materials in Spanish, too.

††These test strips are still a part of the program. However, Abbott no longer offers the meters that go with these strips.

One simple way to manage your plan online

You can find all the information you need to manage your health benefits plan in one place — Aetna Navigator. It's loaded with your plan details and everything you need to take control of your plan.

Log in to Aetna Navigator to:

- Get order forms for Aetna Rx Home Delivery, and see if you can save.
- Check the status of a claim.
- Estimate drug costs, and search for less costly alternatives.
- Find a network pharmacy or DME supplier.

To sign up for Aetna Navigator, visit www.aetna.com.

It's easy to get the medicine and supplies you need. Take advantage of these options once you're an Aetna member.

FreeStyle Freedom, FreeStyle Lite and Precision Xtra are products of Abbott Diabetes Care. OneTouch UltraMini and OneTouch Ultra2 are products of LifeScan, Inc., a Johnson & Johnson Company. The Aetna Blood Glucose Monitor Program is for commercial members only. It does not apply to Medicare members.

This material is for information only and is not an offer or invitation to contract. An application must be completed to obtain coverage. Rates and benefits vary by location. Health insurance plans contain exclusions and limitations. Not all health services are covered. See plan documents for a complete description of benefits, exclusions, limitations and conditions of coverage. Plan features and availability may vary by location and are subject to change. Health information programs provide general health information and are not a substitute for diagnosis or treatment by a physician or other health care professional. Aetna Rx Home Delivery refers to Aetna Rx Home Delivery, LLC, a subsidiary of Aetna Inc., which is a licensed pharmacy providing prescription services by mail. Information is believed to be accurate as of the production date; however, it is subject to change. For more information about Aetna plans, refer to www.aetna.com.

Policy forms issued in Oklahoma include: GR-23 and/or GR-29/GR-29N.

www.aetna.com