

The following is a summary of common expenses claimed against Medical Flexible Spending Account (FSAs) and Health Savings Accounts (HSAs). Due to frequent updates to the regulations governing FSAs and HSAs, this list does not guarantee reimbursement, but instead is to be utilized as a guide for the submission of claims. A definition of eligibility is as follows (all expenses are assumed to have been incurred during the active plan year):

Yes: The expense is eligible for reimbursement.

No: The expense is not eligible for reimbursement under any circumstance.

**Dual-Purpose:** The expense may be eligible for reimbursement if a Medical Necessity letter or signed doctor's note is provided to HSA Bank for any Flexible Spending Account (FSA) expenses. For Health Savings Account (HSA) expenses, the Medical Necessity Form or signed doctor's note should be maintained with tax records in the event of an audit. In either case, the expense must be used to treat a medical condition.

**Potentially:** The expense may be eligible for reimbursement provided certain conditions or criteria (as specified in the Comments and Special Rules section) are satisfied.

Rx: The expense is eligible for reimbursement once a doctor's prescription has been obtained prior to purchase. The purchase must be at a drug store, pharmacy, non-healthcare merchant that has a pharmacy (Target, Walgreens, etc.) or mail/web based vendors that sell prescription drugs.

| <u>Expense</u>  | <u>Eligible?</u> | Comments and Special Rules  |
|---|------------------|---|
| AA meetings, transportation to                                    | Yes              |   |
| Acne treatment  | Rx               | Products for the treatment of acne only, regular skin care products do not qualify. Examples: Skin ID, Proactiv and anything that primarily treats acne.  |
| Acupuncture/Acupressure   | Yes              |   |
| Adaptive equipment  | Rx               | To qualify, the item must be used to relieve or alleviate sickness or disability. Depending on the nature of the item, only amounts above the cost of the regular version of the item will qualify. Includes various items that assist individuals in performing activities of daily living (e.g., feeding, bathing). See also <b>Capital expenses</b> ; <b>Home improvements</b> . |
| Adoption, pre-adoption medical expenses                           | Yes              | Medical expenses incurred before an adoption is finalized will qualify if the child qualifies as your tax dependent when the services/items are provided.   |
| Airborne  | Rx               |   |
| Air purifier  | Rx               | Special rules may apply. See also Capital expenses.   |
| Alcoholism treatment  | Yes              | Amounts paid for in-patient treatment (including meals and lodging) at a therapeutic center for alcohol addiction will qualify.   |
| Allergy medicines   | Rx               | Examples: Alavert, Claritin, Zyrtec   |
| Alli  | Rx               |   |
| Alternative healers, dietary substitutes, and drugs and medicines | Rx               | Non-traditional healing products may qualify if provided to treat a specific medical condition. The treatments must be legal and the expenses will not qualify if the remedy is a food or substitute for food that the person would normally consume in order to meet nutritional requirements.   |
| Ambulance   | Yes              |   |
| Antacids  | Rx               | Examples: Maalox, Prilosec OTC, Zantac  |
| Antibiotic ointments  | Rx               | Examples: Bacitracin, Neosporin   |
| Antifungal products   | Rx               |   |
| Anti-itch creams  | Rx               | Examples: Benadryl, Cortaid, Ivarest  |
| Anti-snore guards   | Rx               | The expense must be recommended to treat a diagnosed medical condition (e.g., sleep apnea).   |
| Appearance improvements   | No               | See also Cosmetic procedures; Cosmetics; Toiletries.  |
| Arch supports   | Yes              |   |
| Arm sling   | Yes              |   |
| Arthritis gloves  | Yes              |   |
| Artificial limbs  | Yes              |   |



| Artificial teeth                                   | Yes              |  |
|--|------------------|--|
| Aspirin  | Rx               |  |
| Asthma treatments                                  | Yes              | Includes asthma medications and delivery devices (e.g., inhalers and nebulizers).  |
| Athletic mouth guards                              | No               |  |
| Baby formula                                       | Rx               | If your baby requires a special formula to treat an illness or disorder, the difference in cost between the special formula and routine baby formula can qualify.  |
| Baby oil   | No               |  |
| Baby powder  | No               |  |
| Bactine  | Rx               |  |
| Bandages, elastic                                  | Yes              | Examples: Ace bandages, arm sleeves, ankle braces  |
| Bandages, for torn or injured<br>skin              | Yes              | Examples: Band-Aid, Curad  |
| Biofreeze  | Rx               |  |
| Birth control pills                                | Rx               |  |
| Birthing classes                                   | Potentially      | Expenses may qualify to the extent that instruction relates to birth and not childrearing. The fee should be adjusted to exclude instruction in topics such as newborn care. Expenses for the coach or significant other do not qualify.   |
| Blood-pressure monitoring devices                  | Yes              |  |
| Blood storage                                      | Dual-<br>Purpose | Fees for temporary storage may qualify under some circumstances such as where the blood is collected as part of the diagnosis, treatment, or prevention of an existing or imminent medical condition (e.g., in advance of a scheduled surgery for use in a possible transfusion). Fees for indefinite storage just in case the blood might be needed would not be considered medical care and do not qualify.  |
| Blood-sugar test kits and test strips              | Yes              |  |
| Body scans   | Yes              | Body scans employing MRIs and similar technologies are diagnostic services. See also Diagnostic items/services; Screening tests.   |
| Breast pumps and supplies                          | Yes              | Examples: Bottles, storage bags, cleaning wipes, car adapter   |
| Breast reconstruction surgery following mastectomy | Dual-<br>Purpose | Will qualify to the extent that surgery was done following a mastectomy due to cancer. This is an exception to the general rules regarding cosmetic procedures. See also Cosmetic procedures.  |
| Breath rite strips                                 | Rx               |  |
| Bug spray  | Rx               |  |
| Caffeine pills                                     | No               | Example: No Doze   |
| Calamine lotion                                    | Rx               |  |
| Callous removers                                   | Yes              | Both the tool and liquid/lotion removers qualify.  |
| Caltrate   | Rx               |  |
| Cane, walking                                      | Yes              |  |
| Capital expenses                                   | Rx               | May qualify if done to accommodate a disability. If the improvement is permanent and increases the value of the property, the expense will qualify only to the extent that the improvement cost exceeds the increase in property value. If the improvement does not increase the property value at all, then the entire cost may qualify. Items that usually do not increase property value include constructing entrance or exit ramps, widening or modifying doorways or hallways, installing railings or support bars to bathrooms, lowering or modifying kitchen cabinets or equipment, moving or modifying electrical outlets and fixtures, installing porch lifts, modifying fire alarms or smoke detectors, modifying other warning systems, and modifying stairways. |
|  |                  | FORM_Expense_Eligibility_List-073014   |



| Cardiac therapy                                   | Yes              |  |
|---|------------------|--|
| Carpal tunnel wrist supports                      | Yes              |  |
| Cast covers                                       | Yes              |  |
| Childbirth classes                                | Potentially      | Expenses may qualify to the extent that instruction relates to birth and not childrearing. The fee should be adjusted to exclude instruction in topics such as newborn care. Expenses for the coach or significant other do not qualify.   |
| Chiropractic Adjustments                          | Yes              | Chiropractic adjustments qualify; however, some chiropractors practice massage therapy. Massage therapy is considered dual-purpose and therefore must treat a specific medical condition to be considered a qualifying expense.  |
| Chondroitin                                       | Rx               |  |
| Circumcision                                      | Yes              |  |
| Cold medicine                                     | Rx               | Examples: Comtrex, Sudafed, Nyquil, Dayquil  |
| Cold/hot packs                                    | Yes              |  |
| Compression stockings                             | Yes              |  |
| Concierge medicine                                | Yes              | The portion of the concierge fee that relates to medical services (such as a physical exam and storage of medical data) may be a qualified medical expense. Note: Documentation from the provider must clearly itemize the fee components. For the portion that represents medical care, the care must actually be incurred (for ex., the patient must actually have the physical exam).   |
| Condoms   | Yes              |  |
| Contact lenses, materials, and equipment          | Yes              | Contact lenses for solely cosmetic purposes (e.g., to change one's eye color) do not qualify.  |
| Controlled substances in violation of federal law | No               | If the substance violates federal law (e.g., the Controlled Substances<br>Act), the expense would not qualify even if a state law allows its use with a physician's<br>prescription (e.g., marijuana or laetrile prescribed to treat a specific medical condition).  |
| Co-payments                                       | Yes              |  |
| Corneal ring segments                             | Yes              |  |
| Cosmetic procedures                               | No               | Most cosmetic procedures do not qualify. This includes cosmetic surgery or other procedures that are directed at improving the patient's appearance and do not meaningfully promote the proper function of the body or prevent or treat illness or disease. Examples include face lifts, hair transplants, hair removal (electrolysis), teeth whitening, and liposuction. However, procedures necessary to correct a deformity arising from congenital abnormality, personal injury from accident or trauma, or disfiguring disease may qualify. |
| Cosmetics   | No               | Cosmetics are articles used primarily for personal purposes and are intended to be rubbed, poured, sprinkled, sprayed, or otherwise applied to the human body for cleansing, beautifying, promoting attractiveness, or altering the appearance. Examples include skin moisturizers, perfumes, lipsticks, fingernail polishes, eye and facial makeup, shampoos, permanent waves, hair colors, toothpastes, and deodorants.  |
| Cotton balls                                      | No               |  |
| Cough drops/suppressants                          | Rx               | Examples: Ludens, Halls, Ricola  |
| Counseling  | Dual-<br>Purpose | Will qualify if for a medical reason (not stress). Marriage counseling does not qualify.   |
| CPAP machine and headgear                         | Yes              |  |
| Crowns, dental                                    | Yes              |  |
| Crutches  | Yes              |  |
| Decongestants                                     | Rx               | Examples: Dimetapp, Sudafed, Mucinex   |



| Dental floss   | No               |   |
|--|------------------|---|
| Dental implants  | Yes              |   |
| Dental sealants  | Yes              |   |
| Dental treatment   | Yes              | Teeth whitening, veneers, and lumineers are the only exception as they are considered cosmetic in nature and do not qualify.  |
| Dentures and denture adhesives                             | Yes              |   |
| Denture brush  | No               |   |
| Denture cleaners   | Yes              |   |
| Diabetic supplies  | Yes              |   |
| Diagnostic items and services                              | Yes              | Includes a wide variety of procedures to determine the presence of a disease or dysfunction of body, such as tests to detect heart attack, stroke, diabetes, osteoporosis, thyroid conditions, psychological conditions, and cancer. See also Body scans; Blood-pressure monitoring devices; Blood-sugar test kits and test strips. |
| Diaper rash ointments and creams                           | Rx               | Example: Desitin  |
| Diapers or diaper service                                  | No               |   |
| Diarrhea medicine  | Rx               | Examples: Imodium, Kaopectate, Pepto Bismol   |
| Dietary supplements  | Rx               | The cost of dietary supplements, nutritional supplements, vitamins, herbal supplements, and natural medicines do not qualify if they are merely beneficial for general health (e.g., One-A-Day vitamins).   |
| Diet foods   | No               |   |
| Disabled dependent care of                                 | Dual-<br>Purpose | Such expenses will qualify if they are for medical care of the disabled dependent.  |
| Discount programs  | No               | Fees paid to get access to products/services at a reduced cost will not qualify.  |
| Doula  | Potentially      | Will only qualify to the extent that the doula provides medical care for the mother or child. Services such as emotional support, parenting information, child care, and housekeeping will not qualify.   |
| Drug addiction treatment                                   | Yes              | Amounts paid for an inpatient's treatment at a therapeutic center for drug addiction will qualify.  |
| Drug overdose, treatment of                                | Yes              |   |
| Drug screening   | Potentially      | If court ordered or part of a treatment program, it will qualify.   |
| Ear plugs  | Rx               |   |
| Ear wax removal products                                   | Rx               | Examples: Debrox, Murine  |
| Egg donor fees   | Dual-<br>Purpose | Amounts paid for the egg donor fee, an agency fee, an egg donor's medical and psychological testing, and the legal fees for preparation of the egg donor contract will qualify if preparatory to a procedure performed on you, your spouse, or your dependent.  |
| Eggs and embryos, storage<br>fees                          | Dual-<br>Purpose | Fees for temporary storage qualify, but only to the extent necessary for immediate conception. Storage fees for undefined future conception are not considered medical care.  |
| Electrolysis or hair removal                               | Rx               | Can be approved in very rare circumstances if recommended by a physician to treat a specific condition such as hirsutism.   |
| Epsom salt   | Rx               |   |
| Exercise equipment   | Rx               |   |
| Exercise Programs  | Dual-<br>Purpose |   |
| Expectorants   | Rx               | Examples: Comtrex, Robitussin   |
| Eye drops  | Yes              | Example: Visine   |
| Eye examinations, eyeglasses, equipment, materials, repair | Yes              |   |



| Face creams                          | No               |   |
|--------------------------------------|------------------|---|
| Face lifts                           | No               | See also Cosmetic procedures.   |
| Feminine hygiene products            | No               | Examples: Tampons, maxi-pads  |
| Fever-reducing medications           | Rx               | Examples: Aspirin, Motrin, Tylenol  |
| Fiber supplements                    | Rx               | Fiber enriched foods such as wafers or yogurt will not qualify.   |
| Finance charges                      | No               |   |
| First aid cream                      | Rx               | Examples: Neosporin, Hydrocortisone   |
| First aid kits                       | Yes              |   |
| Flavoring for medication             | Yes              |   |
| Flu shots                            | Yes              |   |
| Funeral expenses                     | No               |   |
| Gauze pads                           | Yes              |   |
|                                      |                  |   |
| Glasses                              | Yes              | Eyeglass cleaning supplies, glasses cases, and repair kits are also eligible.   |
| Glucosamine                          | Rx               |   |
| Glucose-monitoring equipment         | Yes              | Items such as blood glucose meters and glucose test strips are diagnostic items and are primarily for medical care. See also <b>Blood</b> -sugar test kits and test strips.   |
| Guide dog, other service animal      | Yes              | Expenses for buying, training, and maintaining a service animal used by a disabled person would qualify; this includes the expenses of food and inoculations. Veterinary fees for such animals also qualify as medical care.  |
| Hair removal and transplants         | Rx               | Can be approved in very rare circumstances if recommended by a physician to treat a specific condition such as hirsutism.   |
| Hand sanitizer                       | Rx               |   |
| Health club fees                     | Dual-<br>Purpose | Prepayments are not eligible until services have been rendered.   |
| Health screenings                    | Yes              |   |
| Hearing aids                         | Yes              | The costs of the hearing aid and batteries would qualify.   |
| Heating pad                          | Yes              |   |
| Hemorrhoid treatments                | Rx               | Example: Preparation H  |
| Home improvements                    | Rx               | May qualify if done to accommodate a disability. If the improvement is permanent and increases the value of the property, the expense will qualify only to the extent that the improvement cost exceeds the increase in property value. If the improvement does not increase the property value at all, then the entire cost may qualify. Items that usually don't increase property value include constructing entrance or exit ramps, widening or modifying doorways or hallways, installing railings or support bars to bathrooms, lowering or modifying kitchen cabinets or equipment, moving or modifying electrical outlets and fixtures, installing porch lifts, modifying fire alarms or smoke detectors, modifying other warning systems, and modifying stairways. |
| Homeopathic products                 | Rx               |   |
| Hormone replacement therapy<br>(HRT) | Rx               |   |
| Hospital services                    | Yes              | Expenses of inpatient care (plus meals and lodging) at a hospital or similar institution qualify if the principal reason for being there is to get medical care.  |
| Humidifier                           | Rx               | Special rules may apply. See also <b>Capital expenses</b> ; <b>Home improvements</b> .  |
| Hypnosis                             | Dual-<br>Purpose |   |
| Hysterectomy                         | Yes              |   |
| Immunizations                        | Yes              |   |



| Yes                    | Examples: Poise Pads, Depends, Teena  |
|------------------------|---|
| Rx                     | Examples: Benadryl, Cortaid   |
| Depends<br>on the plan | Medical FSA (Flexible Spending Account): Insurance premiums are never eligible with a Medical FSA.  HSA (Health Savings Account): Payments for health insurance premiums or contributions for self-funded health coverage generally aren't qualifying expenses. However, the following premiums will qualify for reimbursement from an HSA: COBRA coverage, a qualified long-term care insurance contract, any health plan maintained while the individual is receiving unemployment compensation under federal or state law, or, for those age 65 or older (whether or not they are entitled to Medicare), any deductible health insurance (e.g., retiree medical coverage) other than a Medicare supplemental policy. (Note: Long-term care insurance premium reimbursements that exceed certain limits will be treated as taxable and may be subject to an additional 10% excise tax.) |
| No                     |   |
| Potentially            | Expenses may qualify to the extent that instruction relates to birth and not childrearing. The fee should be adjusted to exclude instruction in topics such as newborn care. Expenses for the coach or significant other do not qualify.  |
| Dual-<br>Purpose       | Such expenses will qualify for a child with dyslexia or an otherwise disabled child.  |
| Yes                    |   |
| No                     | Example: For late payment of bills for medical services   |
| Rx                     |   |
| Rx                     | Example: Ex-Lax   |
| Dual-<br>Purpose       | If prescribed by a physician, tuition fees paid to a special school and tutoring fees paid to a specially trained teacher for a child who has learning disabilities caused by mental or physical impairments (e.g., nervous system disorders) will qualify.   |
| Yes                    |   |
| Rx                     | Examples: Rid, professional hair combing  |
| Yes                    | See also Bandages, for torn or injured skin.  |
| Yes                    | Will qualify if the principal reason for being there is to receive medical care.  |
| Potentially            | Up to \$50 per night will qualify if the lodging is primarily for and essential to medical care provided by a physician in a licensed hospital or medical care facility related to (or equivalent to) a licensed hospital and there is no significant element of personal pleasure, recreation, or vacation in the travel. If a parent is traveling with a sick child, up to \$100 may qualify (\$50 for each person).  |
| No                     |   |
| No                     |   |
| Yes                    | Example: KY Jelly   |
| Rx                     |   |
| No                     |   |
| No                     | See also Controlled substances in violation of federal law.   |
|                        | Rx  Depends on the plan  No  No  Potentially  Dual- Purpose  Yes  No  Rx  Rx  Purpose  Yes  Rx  Yes  Yes  Potentially  No  No  No  No  No  No  No  No  No  N  |



| Massage therapy                                | Dual-<br>Purpose |   |
|--|------------------|---|
| Maternity clothing                             | No               |   |
| Mattresses                                     | Rx               | In rare cases, a portion of the expenditure might qualify if a unique type of mattress is prescribed by a physician to treat a specific medical condition. Only the difference in cost between the specialized mattress and the cost of a regular mattress would be reimbursable. |
| Meals at a hospital or similar institution     | Potentially      | Meals that are part of the cost of inpatient care at a hospital or similar institution will qualify if the principal reason for the recipient's being there is to receive medical care.   |
| Meals not at a hospital or similar institution | No               |   |
| Meals of a companion                           | No               | Will not qualify even if accompanying a patient for medical reasons.  |
| Mederma  | Rx               | Must contain SPF 30 or higher to be considered eligible. The SPF must be specified on the receipt, or a copy of the box/bottle displaying the price must be included.   |
| Medical alert bracelet or necklace             | Yes              |   |
| Medical records charges                        | Yes              | Example: The fee associated with transferring medical records to a new medical practitioner will qualify.   |
| Mentally handicapped, special home for         | Dual-<br>Purpose | The cost of keeping a mentally handicapped person in a special home (not a relative's home) on a physician's recommendation to help that person adjust to community living may qualify.   |
| Midwives                                       | Yes              |   |
| Mineral supplements                            | Rx               |   |
| Missed appointment fees                        | No               |   |
| "Morning-after" contraceptive pills            | Rx               |   |
| Motion sickness patches or wristband           | Yes              |   |
| Motion sickness pills                          | Rx               | Examples: Bonine, Dramamine   |
| Mouthwash                                      | No               |   |
| Multivitamins                                  | Rx               |   |
| Nasal strips or sprays                         | Rx               | Nasal strips or sprays that are used to treat sinus problems qualify as being primarily for medical care, as would those that are used to prevent sleep apnea. However, nasal strips or sprays used to prevent snoring and those used by athletes are not eligible.               |
| Nebulizer                                      | Yes              |   |
| Needle container                               | Yes              |   |
| Neti pots                                      | Yes              |   |
| Nicotine gum or patches                        | Rx               | Examples: Nicorette, Nicoderm   |
| Norplant insertion or removal                  | Yes              |   |
| Nutritional supplements                        | Rx               | See also Dietary supplements; Mineral supplements.  |
| Obstetrical birthing expenses                  | Yes              | Prepayments towards the delivery cannot be reimbursed until the birth.  |
| Occlusal guards                                | Yes              |   |
| Orthodontia                                    | Yes              |   |
| Orthopedic shoes                               | Rx               | Costs of specialized orthopedic items qualify to the extent that they exceed ordinary personal use requirements (e.g., only the excess cost of the specialized orthopedic shoe over the cost of a regular shoe qualifies).  |
| Orthotic inserts                               | Yes              |   |
| Osteopath fees                                 | Yes              |   |
| Ovulation monitor                              | Yes              |   |
|  |                  |   |



| Oxygen and equipment   | Yes              |  |
|--|------------------|--|
| Pain relievers   | Rx               | Examples: Advil, Aspirin, Tylenol, Aleve, Midol  |
| Pedialyte  | Rx               |  |
| Pedometer  | No               |  |
| Penile implants  | Dual-<br>Purpose | Amounts paid for implants may be eligible if the diagnosis of impotence is due to natural causes such as diabetes, post- prostatectomy complications, or spinal cord injury.   |
| Peroxide   | Rx               |  |
| Personal trainer fees  | Dual-<br>Purpose |  |
| Physical exams   | Yes              |  |
| Physical therapy   | Yes              |  |
| Pregnancy test kits  | Yes              |  |
| Prescription drugs and medicines obtained from other countries | Potentially      | Importing prescription drugs from other countries violate federal law.  However, a drug or medicine may qualify for reimbursement if: (1) it is purchased and consumed in the other country and is legal in both that country and the U.S. or (2) the FDA announces that it can be legally imported.   |
| Prescription drug discount programs                            | No               | Fees for discounts on drugs are not considered medical care.   |
| Probiotics   | Rx               |  |
| Prosthesis   | Yes              |  |
| Psychiatric care   | Yes              | Includes the costs associated at a special center that provides medical care.  |
| Psychoanalysis testing   | Yes              |  |
| Psychological care   | Dual-<br>Purpose | Will qualify if the expense is for medical care and not just for the general improvement of mental health, relief of stress, or personal enjoyment.  |
| Q-tips   | No               |  |
| Recliner chairs  | No               | May be eligible, in very rare circumstances, if recommended by a physician to treat a specific condition. A signed note from a physician recommending the treatment is required, and only the difference in cost between the specialized recliner and the cost of a regular recliner would qualify.  |
| Rubbing alcohol  | Yes              |  |
| Safety glasses   | Potentially      | Will not qualify unless lenses are prescription.   |
| Schools and education, residential                             | Dual-<br>Purpose | Payments made to a residential school or program to treat an individual for behavioral, emotional, or addictive conditions (tuition, meals, and lodging) will qualify if the principal reason for attending the program is to receive medical care (ordinary education must be an incidental component). Whether someone is attending to receive medical care is a must be determined for each individual—just because a school or program provides medical care to some individuals does not mean that it provides medical care to all individuals. If a child is at a school because the courses and disciplinary methods have a beneficial effect on the child's attitude, the expenses will not qualify. |
| Schools and education, special                                 | Dual-<br>Purpose | Payments made for a mentally impaired or physically disabled person to attend a special school (tuition, meals, and lodging) will qualify if the principal reason for attending the school is to overcome or alleviate the disability (ordinary education must be an incidental component). This includes teaching Braille to a visually impaired person, teaching lip reading to a hearing-impaired person, and remedial language training to correct a condition caused by a birth defect. If a child is at a school because the courses and disciplinary methods have a beneficial effect on the child's attitude, the expenses will not qualify.   |



| Screening tests                         | Yes              | Will qualify if the tests are used for medical diagnoses. Examples include hearing, vision, and cholesterol screenings.  |
|---|------------------|--|
| Seeing-eye dog                          | Yes              | See also Guide dog, other service animal.  |
| Shampoos                                | No               |  |
| Shaving cream or lotion                 | No               |  |
| Shipping and handling fees              | Yes              | Reimbursable if incurred due to a qualifying medical expense.  |
| Sinus medications                       | Rx               | See also Nasal strips or sprays.   |
| Sleep aids                              | Rx               |  |
| Smoking-cessation medications           | Rx               | Amounts paid for prescribed and OTC drugs used to stop smoking will qualify.   |
| Smoking-cessation programs              | Yes              | Amounts paid for a stop-smoking program will qualify.  |
| Soaps                                   | No               |  |
| Special foods                           | Rx               | Will qualify if prescribed by a physician to treat a specific illness or ailment and if the foods do not substitute for normal nutritional requirements. But the amount that may qualify is limited to the amount by which the cost of the special food exceeds the cost of commonly available versions of the same product (e.g., such as foods needed for a gluten-free or salt-free diet).  |
| Speech therapy                          | Yes              |  |
| Spermicidal foam                        | Rx               |  |
| Sperm, storage fees                     | Dual-<br>Purpose | Fees for temporary storage might qualify, but only to the extent necessary for immediate conception. Storage fees for undefined future conception aren't considered to be for medical care and do not qualify.   |
| Stem cell, harvesting and/or storage of | Dual-<br>Purpose | Might qualify if there is a specific and imminent medical condition that the stem cells are intended to treat. For example, the cost of harvesting and storing stem cells because a newborn has a birth defect and the stem cells would be needed in the near future might be allowable. However, collection and indefinite storage just in case they might be needed is not considered to be for medical care and does not qualify.                             |
| Sterilization procedures                | Yes              |  |
| Sunburn creams and ointments            | Rx               | Example: Aloe  |
| Sunglasses                              | Potentially      | Prescription sunglasses would qualify.   |
| Sunglasses, clip-on                     | Rx               | Will qualify if prescribed by a physician to treat a specific medical condition.   |
| Sunscreen                               | Rx               |  |
| Sun protective clothing                 | Rx               | Clothing that offers at least 30+ UVA and UVB sun protection for melanoma or other skin cancer, systemic lupus erythematosus (SLE), acute cutaneous lupus (ACLE), or other significant dermatologic conditions may be eligible. The clothing is reimbursed for the difference between "normal" apparel and this specially-constructed clothing. The receipt must show the purchase was from an accredited sun-protective company such as Solumbra® or Coolibar®. |
| Support hose/TED stockings              | Yes              |  |
| Taxes on medical services and products  | Yes              | This includes local, sales, service, and other taxes.  |
| Teeth whitening                         | No               |  |
| Telephone for hearing-impaired persons  | Yes              | The expenses of buying and repairing special telephone equipment for a hearing-impaired person will qualify. This includes teletypewriter (TTY) and telecommunications device for the deaf (TDD) equipment.  |
| Television for hearing-impaired persons | Yes              | Equipment that displays the audio part of television programs as subtitles for hearing-impaired persons will qualify, but the amount that qualifies is limited to the excess cost over the cost of the regular item. For example, the cost of a specially equipped television qualifies only to the extent that it exceeds the cost of a regular model.  |



| Throat lozenges  | Rx               | Examples: Cepacol, Chloraseptic. See also Cough drops/suppressants.  |
|--|------------------|--|
| Toiletries   | No               | A toiletry is an article or preparation that is used in the process of dressing and grooming oneself (e.g., toothpaste, shaving cream or lotion, and cologne).   |
| Toll bridges   | Yes              | Eligible if incurred due to a qualifying medical expense. See also  Transportation expenses for person to receive medical care.  |
| Toothache and teething pain relievers                      | Rx               | Example: Orajel  |
| Toothbrushes   | No               | Will not qualify even if a dentist recommends special ones (e.g., electric or battery-powered) to treat a medical condition like gingivitis. Toothbrushes are items that are used primarily to maintain general health and a person would still use one even without the medical condition. Thus, they are not primarily for medical care. |
| Toothpaste   | No               | Will not qualify even if a dentist recommends a special one to treat a medical condition like gingivitis. See also <b>Toothbrushes</b> .   |
| Transplants  | Yes              | Includes surgical, hospital, and laboratory services as well as transportation expenses for organ donors.  |
| Transportation expenses for person to receive medical care | Yes              | Will qualify if the transportation is primarily for and essential to medical care. Includes car expenses; bus, taxi, train, plane, and ferry fares; and ambulance services. Instead of actual car expenses, a standard mileage rate for use of a car to obtain medical care is allowed. Parking fees and tolls can also qualify.           |
| Tuition for special-needs program                          | Dual-<br>Purpose | Will qualify if the primary purpose is for medical care.   |
| Umbilical cord, freezing and storing of                    | Dual-<br>Purpose | Can qualify if there is a specific medical condition that the umbilical cord is intended to treat. However, collection and indefinite storage just in case it might be needed is not considered to be for medical care and does not qualify.   |
| Vaccines   | Yes              |  |
| Vasectomy  | Yes              |  |
| Vasectomy reversal   | Yes              |  |
| Veneers  | No               |  |
| Viagra   | Yes              |  |
| Vitamins   | Rx               |  |
| Walkers  | Yes              |  |
| Warranties/Insurance on a product                          | No               |  |
| Wart remover treatments                                    | Rx               | Example: Compound W  |
| Water Pik  | No               |  |
| Weight loss drugs  | Rx               |  |
| Weight-loss programs                                       | Dual-<br>Purpose |  |
| Wheelchair   | Yes              |  |
|  |                  | Might qualify if the wig is prescribed by a physician for the mental health of a patient   |
| Wigs   | Rx               | who has lost all of his or her hair from disease or treatment (e.g., chemotherapy or radiation).   |

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