

Nebraska Health Network is Here for You



Thank you for choosing the **Aetna, Nebraska Health Network plan**. As a plan member, you have access to providers from two leading health systems in Omaha – Methodist Health System and Nebraska Medicine. Using our preferred network helps you save money and ensures that you have access to the highest quality health care. For Milliard Public Schools, the NHN plan offering also includes Children’s Hospital and Physicians, OrthoNebraska, Midwest Surgical Hospital and many leading independent physician groups.

FINDING A PRIMARY CARE PROVIDER

Primary care providers are the individuals who champion all of your health-care needs. They are typically your first point of contact for:

- Preventive or well care
- When you are not feeling well, or
- Managing chronic conditions

For adults, a primary care provider may be a physician who specializes in internal or family medicine, or an advanced practice provider such as a physician assistant or nurse practitioner. In addition, many caregivers choose to work with a pediatrician or specialized advance practice provider to provide primary care to children under the age of 18.

Services frequently provided by a primary care provider include:



Regular check-ups, physical exams and medical screenings



Provide vaccines and immunizations

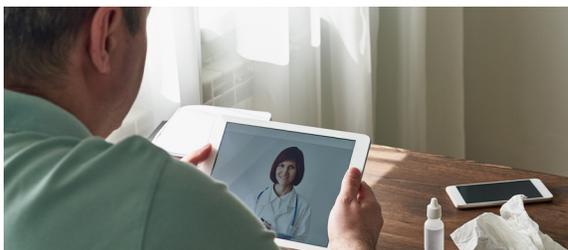


Diagnose and treat illnesses and help you manage chronic conditions



Provide educational resources to help you proactively manage your health

TELEHEALTH OPTIONS ENSURE YOU ALWAYS HAVE ACCESS TO CARE



Sometimes the busy demands of work and family make finding time to visit an onsite clinic difficult. **Telehealth services enable you to conveniently connect with a trusted provider.** Most NHN clinics offer telehealth services. Urgent needs are often managed by the team at your home clinic, where as non-urgent appointments can usually be scheduled with your regular primary care provider.

WHO IS THE NEBRASKA HEALTH NETWORK?



Nebraska Health Network is the Accountable Care Organization (ACO) for Methodist Health and Nebraska Medicine. An ACO is a group of hospitals, physicians and providers who work together to provide better coordinated care for the patient with a focus on high quality of care and improved outcomes. We understand what matters most to patients like you – access, quality and cost of care. You are at the center of the care model.

Want to Learn More?

Watch our Intro to ACO Video to discover how you benefit from partnering with the NHN.

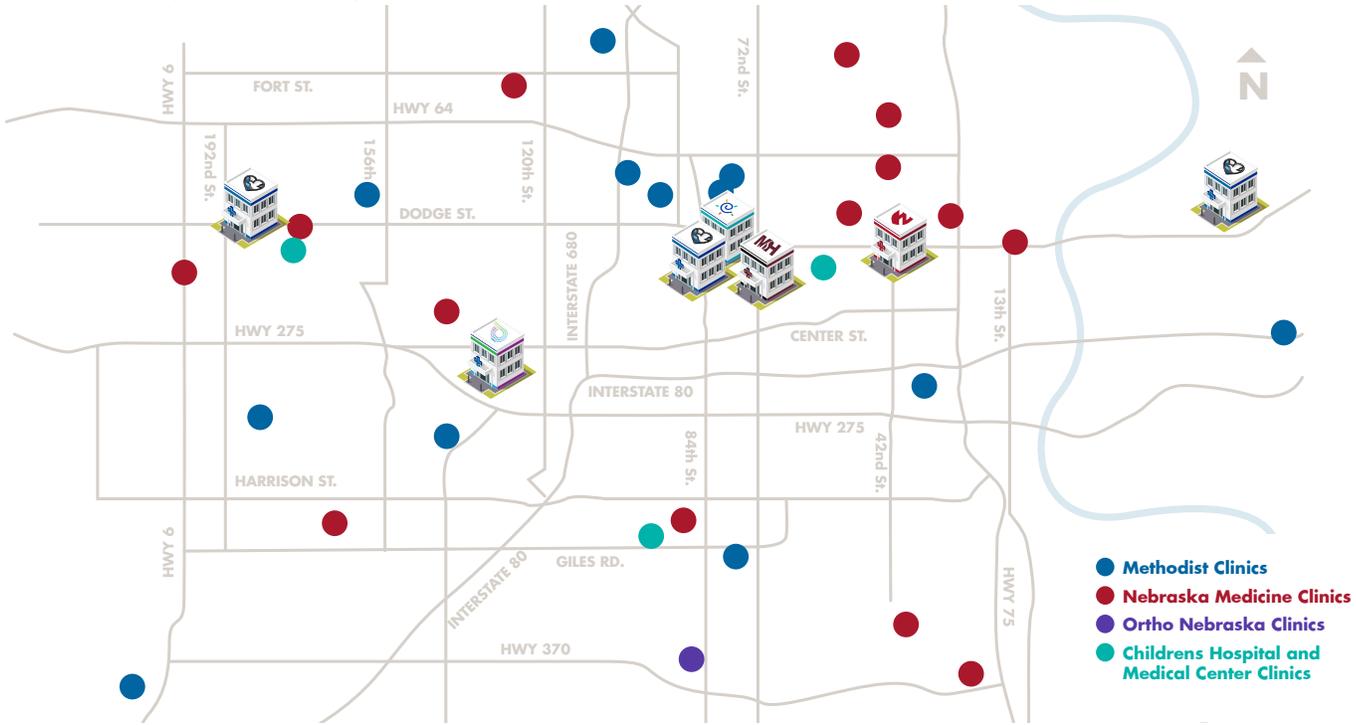
NebraskaHealthNetwork.com/aco



Join the conversation. Follow us!

CARE OPTIONS WHERE YOU LIVE AND WORK

With more than a dozen primary and urgent care offices located throughout the metro, it is easy to find convenient care from a trusted provider near you.



- **Council Bluffs**
933 E. Pierce Street
Council Bluffs, IA 51503
- **Gretna**
11946 Standing Stone Drive
Gretna, NE 68028
- ✚ **Methodist Hospital**
8303 Dodge Street
Omaha, NE 68114
- ✚ **Methodist Women's Hospital**
707 N. 190th Plaza
Omaha, NE 68022
- ✚ **Methodist Jennie Edmundson Hospital**
933 E. Pierce Street
Council Bluffs, IA 51503
- **Millard**
5908 S. 142nd Street
Omaha, NE 68137
- **Northwest Omaha**
10710 Fort Street
Omaha, NE 68134
- **South Omaha**
3353 L Street
Omaha, NE 68107

- **Bellevue Medical Center**
2510 Bellevue Medical Center Drive, Suite 200
Bellevue, NE 68123
- **Chalco Health Center**
8343 S. 168th Ave.
Omaha NE 68136
- **Eagle Run Health Center**
3685 N. 129th Street
Omaha, NE 68164
- **Midtown Health Center**
139 S. 40th Street
Omaha NE 68131
- ✚ **Nebraska Medical Center**
4350 Dewey Ave.
Omaha, NE 68105
- **Plattsmouth Care Center**
1938 E. HWY 34
Plattsmouth, NE 68048

- **Dundee**
4825 Dodge Street
Omaha, NE 68132
- **Val Verde**
9801 Giles Road, Suite 1
La Vista, NE 68128
- **West Village Pointe**
110 N. 175th Street
Suite 1000
Omaha, NE 68118
- ✚ **Children's Hospital and Medical Center**
8200 Dodge Street
Omaha, NE 68114

- **Orthopaedic OakView 144th**
2725 S. 144 Street
Suite 110
Omaha, NE 68144
- **Orthopaedic Sarpy, County, Gold Coast Drive**
754 Gold Coast Drive
Suite 105
Papillion, NE 68046
- ✚ **OrthoNebraska Hospital**
2808 S. 143rd Plaza
Omaha, NE 68144



- ✚ **Midwest Surgical Hospital**
7915 Farnam Drive
Omaha, NE 68114

✚ Hospital ● Urgent/Immediate Care ● Outside above map

Resources Available

Up-to-date Information on Physicians and Facilities:

Aetna.com/DocFind

Nebraska Health Network Patient Resources:

NebraskaHealthNetwork.com/Patient-Resources



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