

# Millard Wellness Program

Is my health screening complete?



To check:

You will receive an email in 3 days after you have completed your screening. Your results are then available on the Quest site and by mail in 10 days.

Is my health assessment complete?



To check:

- 1 Log into Aetna.com & click
- 2 Stay Healthy
- 3 Stay Healthy
- 4  

Access your Health Dashboard

Take action to improve your health

Complete a Health Assessment

Are both wellness requirements complete?

To check:

- 1 Log into the Employee Access Center

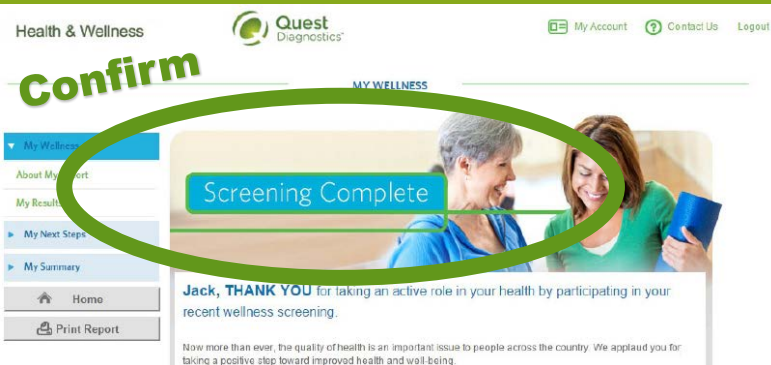
User ID:   
 Password:

Login



- Employee Tasks:
- Demographic Information
  - Certificate-Degree
  - Payroll Checks
  - Salary and Benefits
  - Leave Information
  - Continuing Education
  - Print W2s
  - Print 1095-Cs
  - Tax Information
  - Deductions and Benefits

2  Click on



## Health Assessment

Take a quick questionnaire and learn more about your health.

Launch My Health Assessment

5 Confirm

You last completed your Health Assessment on July 1, 2019, at 11:59 a.m.

See a time date stamp between July 1, 2019 & May 31, 2020

3

Confirm

Deduction Title	Status
NEXT YR WELL SCREENING	Active
NEXT YR WELL ASSESSMENT	Active

See both  
 NEXT YEAR WELL SCREENING Active  
 NEXT YEAR WELL ASSESSMENT Active