



FOR YOUTH DEVELOPMENT®
FOR HEALTHY LIVING
FOR SOCIAL RESPONSIBILITY

YOUR MEMBERSHIP MEANS MORE AT THE Y

Millard Public Schools YMCA OF GREATER OMAHA

MEMBER BENEFITS

- Access to ALL YMCAs within the Greater Omaha area.
- FREE group and water exercise classes.
- FREE Get Started Program - Includes 2 FREE 1-on-1 sessions with a personal trainer.
- FREE drop in childwatch while you workout.
- FREE childcare during a monthly Parent's Night Out
- Reduced rates on swim lessons and youth sports.
- Reduced rates on other specialty classes and programs.
- Priority registration for programs.
- And much much more.

Please visit www.metroymca.org for more information
on your local YMCA and a current program guide.



**YMCA OF
GREATER OMAHA**
www.metroymca.org

We have 9 YMCA locations in the
Omaha, Valley, Glenwood and
Council Bluffs area!

TWO MILLARD LOCATIONS

ARMBRUST YMCA

5404 S. 168th St. - Omaha, NE
402-896-4200

SOUTHWEST YMCA

13010 Atwood Ave. - Omaha, NE
402-334-8487

Sarpy Community YMCA

1111 E. First St - Papillion, NE
402-339-9861

Twin Rivers YMCA

6100 Twin Rivers Circle
Valley, NE 402-359-9622

Maple Street YMCA

7502 Maple St.—Omaha, NE
402-393-3700

Charles E Lakin YMCA

235 Harmony St
Council Bluffs, IA
712-322-6606

Mills County YMCA

110 Sivers Rd.—Glenwood, IA
712-527-4352

Downtown YMCA

430 S. 20th St.—Omaha, NE
402-341-1600

Butler-Gast YMCA

3501 Ames Ave—Omaha, NE
402-453-8903

Memberships are good
at all nine locations.

JOIN THE YMCA TODAY!

MPS Staff will receive \$10 monthly discount off standard
rates + No Joining Fee (\$169 annual savings!)

Sign up at any YMCA of Greater Omaha location. Must
bring proof of employment and bank draft information
when joining.

Current YMCA members should contact their local Y to
start their discount today!